

yoga life  www.yogalifepw.com

939 Port Washington Blvd, PW, NY

Community **SHINE**

**Fall Series
with
Stacey Lynn**

**Sunday
3:00-4:00pm
9/30,10/21,11/18,12/9
cost:
1 class/ \$30
4 classes/\$100**

**WHAT IS SHINE?
A
SUPPORTIVE
HEALING
INSPIRING
NURTURING
ENERGIZING
WELLNESS PROGRAM
TO CREATE AN OPENING
FOR THE HEART & MIND
GUIDED SIMPLY & ACCESSIBLY
FOR CHILDREN & ADULTS**